



PATIENT INFORMATION

Name		Date of Birth		Gender M F	
Social Security Number			Marital Status S	M D/S W	
Address		City	State	Zip	
Primary Phone	Secondary Phone	Ema	il		
Emergency Contact and Phone			Employer		
May we leave a voicemail regarding	g any test results or appoint	ments? Yes No_			
Do we have your permission to disc	cuss your treatment with an	yone other than yours	elf? (spouse/child/pa	rent) Yes No	
If yes, please list name and relation	ship				
Do you have a living will? Yes	No If no, wo	ould you like a copy? \	/es No	-	
Please list any allergies					
Pharmacy (and location)	Pharmacy (and location) Phone				
Please indicate that you have a Prir (The Midway Center Doctors do no			ne of PCP		
INSURANCE INFORMA	TION We currently accep	ot Anthem PPO , Anthe	em Medicare, and the	e national Medicare plan	
Insurance Company Name					
Name of Subscriber		Relations	ship to Patient		
Subscriber Date of Birth/	Subscriber So	ocial Security Number_			
Group #		ID #			
Secondary Insurance? Yes1	No				
Insurance Company Name					
Name of Subscriber		Relations	ship to Patient		
Subscriber Date of Birth/	Subscriber So	ocial Security Number_			
Group #		ID #			
By signing below I certify that all Furthermore, I understand that I a		=			
Patient Signature	Printed N	ame		Today's Date	

MEDICAL HISTORY
Surgeries
Hospitalizations
Major illnesses
Major injuries
FAMILY HISTORY
Children? Y N Age(s)
List all serious conditions below (e.g. heart attacks, strokes, cancer (type), diabetes, other)
Mother Currently Living? Y N Age Serious Illnesses
Father Currently Living? Y N Age Serious Illnesses
Siblings Serious illnesses
PHYSICAL HISTORY
Aerobic activity (e.g. walking - type, daily or weekly amounts)
Anaerobic exercise (e.g. weights - type, daily or weekly amounts)
Meditation/prayer - frequency and length
Alcohol - type, daily & weekly quantities
Cigarettes (packs/day) Caffeinated coffee (qty/day) Caffeinated soft drinks (qty/day)
Other soft drinks Do you use marijuana or illicit drugs?
Eat organic? Y N Vegetarian? Y N Vegan? Y N Non-potato vegetables (qty/day) Fruits (qty/day)
EMOTIONAL HISTORY
What is your life vision? What are your passions?
What is your life vision: What are your passions:
What do you want your health for?
What do you want your nearth for:
Adversechildhoodexperiences?
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Sexually abused?_____

Alcoholic parent?_____ Physically or emotionally abused?_____

SYMPTOM HISTORY Check all that apply.

Sensitivity to light or noise	Abdominal pain or cramps	Dizziness
Sensitive to odors	Nausea	Vertigo
Allergies	Heartburn	Lightheaded/faint
Sinus problems	Bloating	Weight gain
Hearing loss	Flatulence/gas	Binge eating, or craving
Visual disturbance	Black tarry bowel movements	Lethargy
Dry eyes	Bloody bowel movement	Fatigue
Dry mouth	Diarrhea	Weak or muscle weakness
Dry skin	Constipation	Daytime drowsiness
Smell or taste disturbance	Hemorrhoids	Snore, or wake up gasping
Brain fog/fuzzy headed	Cold feet	Palpitations
Impaired concentration	Change in moles	Chest pain
Hyperactive or restless	Twitches	High cholesterol
Learning disability	Tremors	High triglycerides
Forgetful	Tick bite	Swelling
Memory loss	Sleep disturbance	Calf pain with exercise
Irritable	Insomnia	Back pain
Mood swings	Arms fall asleep in bed	Muscle aches
Depressed mood	Dreaming most nights	Nighttime urination
Anxious	Nightmares	Frequent urination
Panic attacks	Nighttime leg cramps	Urinary accidents
Obsessive thoughts	Restless legs in bed	Blood in urine
Cold intolerance	Put cell phone in ear	Skin problems
Heat intolerance	Sleep near wall/outlet	Acne/rosacea
Shortness of breath	Turn off WiFi at night?	Hives
Weight loss	Near cell tower or highway	Rashes
Persistent cough	Tingling/odd sensations	Low hormones or hormone imbalance
Hoarse	Headaches	Frequent illness
Wheezing	Migraines	

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TOXIN EXPOSURE Y (Yes) N (No) U (Unsure)
 Do you drink water from a well, spring, cistern, or plumbing pipes installed before 1986 Does your home or workplace contain new construction materials or furniture Does your home or workplace show signs of mold or water damage (cracking paint, ceiling leaks, decaying insulation or foam, visible mold, or damp windows, basement, crawl space) Are you exposed to toxic substances Are you exposed to conventional cleaning chemicals, disinfectants, hand sanitizers, air fresheners, or scented products Do you live or work near a cell phone tower or high-voltage power lines Do you leave your internet on overnight Do you live or work in an agricultural area or another area exposed to pesticides, etc. Do you frequent parks, golf courses, or other outdoor or recreational areas treated with pesticides, etc Do you run or bike to work along busy streets Are you exposed to toxic chemicals as a result of a hobby Do you have root canals, "silver" fillings, or dental implants Do you have any artificial materials in your body (implants, pins joints, etc.)
Do you lead a high-stress lifestyle or have experienced a traumatic event
SPIRITUAL HISTORY Y (Yes) N (No) U (Unsure) ——Have you had a near-death experience? ——Have you learned to do your best to make the world better and trust the outcome?
 Are you doing the work that you love and making the world better? Do you share your feelings? Can you find someone to call for a favor? Do you belong to a social group or are part of larger community? (i.e. sociable?) Do you have the ability to forgive yourself and others? Do you experience intimacy, besides sex, in your committed relationships? Do you or did you feel close to your parents? If you have experienced the loss of a loved one, have you fully grieved that loss? Has your experience of pain enabled you to grow spiritually? Do you experience unconditional love? Have you eliminated judgment and criticism from your words and your life? Have you had intuitions, premonitions, or other unusual spiritual experiences?
QUANTUM PHYSICS & THE UNIVERSE Y (Yes) N (No) U (Unsure)
Do you understand quantum physics – that we are essentially light waves?Do you understand quantum entanglement e.g. mother's intuition?Do you understand there are 2 trillion galaxies, each with a possible trillion habitable planets?Do you view the Universe as largely a friendly place?Do you believe in one loving, powerful Creator?

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___Have you or a family member reported an encounter with an extraterrestrial being?

EXAMS

Year of last colonoscopy	Year of last bone density scan
Year of last complete physical exam	Year of last eye exam
WOMEN	
Menopausal? Y N Last menstrual period(mo/yr)/	Menstrual cramps? Y N Last pap smear (mo/yr)/
Last breast imaging (mo/year)/ Heavy periods	?? Y N Low sexual interest? Y N Irregular periods? Y N
Sore breasts? Y N Vaginal dryness? Y N Hot flashes? Y	' N Night sweats? Y N
Premenstrual irritability, anxiety, sadness, swelling, migraine, o	or insomnia? Y N
MEN	
Date of last prostate blood test (PSA)/ PSA lev	rel
Low sexual interest? Y N Poor sex performance? Y N Lo	oss of drive? Y N Discharge from penis? Y N Curved penis? Y N
Nighttime anxiety? Y N Night sweats? Y N Loss of conf	fidence? Y N Loss of strength? Y N
MAIN CONCERNS	



NOTICE OF PRIVACY PRACTICES AND PATIENT CONSENT FOR USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION

Patient Name	Date		
I understand that under the Health Insurance Portability and Accountability A	ct of 1996 (HIPAA), I have certain Patient Rights		
garding my protected health information. I understand that MCIH may use or disclose my protected health information for			
eatment, payment or health care operations – which means for providing health care to me, the patient, handling billing and			
payment, and taking care of other health care operations. Unless required by	y law, there will be no other uses and disclosures of		
this information without my authorization.			
MCIH has a detailed document called the Notice of Privacy Practices. It conta	ains a more complete description of your rights to		
privacy and how we may use and disclose protected health information.			
I understand that I have the right to read the Notice before signing this agree	ement. If I ask, MCIH will provide me with the most		
current Notice of Privacy Practices.			
My signature below indicates that I have been given the chance to review su	ch copy of the Notice of Privacy Practices. My		
signature means that I agree to allow MCIH to use and disclose my protected	d health information to carry out treatment, payment		
and health care operations. I have the right to revoke this consent in writing a	at any time, except to the extent that MCIH has		
taken action relying on this consent.			
Signature (Patient or Legal Custodian/Authorized Representative)	Date		
Relationship to Patient (if signed by another party)	Date		
You may obtain a copy of our Notice of Privacy Practices, including any revisi	ions of our Notice, at any time by contacting MCIH		
129 South Winter Street Midway, KY 40347 859-846-4445.			

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INTEGRATIVE CARE CONSENT FORM

Our office offers nutritional care support through ideas on nutrition and nutrients to support health. Nutrients that are utilized include vitamins, minerals, amino acids, and herbs. These nutrients are not specifically approved by the Food and Drug Administration for any medical condition. As with pharmaceutical treatment, there can be side effects to these approaches and interactions with medicine that could be life threatening, cause morbidity, or lead to hospitalization. By signing this form, the patient is acknowledging that these could occur and pledges to seek immediate care if there is concern, for example if bleeding should occur. The decision to use nutrients is the responsibility of the patient, and the patient is encouraged to educate themselves as much as possible about any nutrients that are mentioned by the practitioner prior to use. I, the undersigned, assume all responsibility for decisions I make regarding use of nutrients, recognizing that a) no claims are made that dietary, nutritional or herbal recommendations can treat or cure any medical condition, b) all recommendations are given for informational purposes only c) there is no implied or stated guarantee of success or effectiveness of any specific dietary nutritional or herbal recommendations d) I am free to act upon or disregard the recommendations of James P. Roach, Gwen Carnegie NP, and Leah Lange NP as I so choose. I hereby release James P. Roach MD, Gwen Carnegie NP, and Leah Lange NP from all responsibility for my actions and any consequences thereof in the present time and in the future with no constraints. I hereby affirm that I consent and agree to the above statements of my own free will and request to engage the services of the team including any one of these practitioners to participate in a professional relationship with them pursuant to the statement herein. Due to the potential for interaction with medicine, we recommend that you keep other healthcare providers informed of nutrients that you take. While it is our belief that nutrient support is generally beneficial in conjunction with cancer therapies such as chemotherapy or radiation, it is recommended that you discuss this with your oncologist before deciding on use during these, or other, treatments. We strive to make you aware of all options for your care including prescription treatments so please tell us if that is the approach you wish to take and disregard nutrient recommendations.

medicines.		
Patient Signature	Printed Name	/
Witness Signature		

Our office rarely uses scheduled prescription drugs; please seek another practitioner if you feel you require use of these

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MEDICATION LIST

Please list medications & supplements you are currently taking.

Patient Name				Date of Birth//	
Appointment Date					
Rx or Supplement	Dose	Dose	Dose	Dose	Dose